

# Lassen Union High School

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken & Gravy Brown Rice Roll Peas Mandarin Orange Cups Milk Chocolate Milk Ham & Cheese Sandwich sandwich condiments PBJ Sandwich Apple Celery Sticks Chips	3 Sloppy Joe on a Bun CARROTS Orange Milk Chocolate Milk Ham & Cheese Sandwich Tuna Sandwich sandwich condiments Carrot sticks Applesauce Cup Chips	4 Chicken on a Bun Baked Beans Diced Pears Milk Chocolate Milk Mayonnaise packet Mustard Ketchup BBQ Sauce Turkey and Cheese Sandw sandwich condiments PBJ-Uncrustables Apple	5 Salisbury Steak Mashed Potatoes Roll Pineapple Milk Chocolate Milk Turkey and Cheese Sandw Ham & Cheese Sandwich Orange Carrot sticks Ranch Dressing Chips	6 Pepperoni Pizza Sausage Pizza Cheese Pizza PBJ-Uncrustables Black Olives BROCCOLI,raw Carrot sticks Peaches Apple Milk Chocolate Milk Ranch Dressing Oatmeal Cookie
9 Chicken Alfredo Pasta Breadsticks PEAS & CARROTS BROCCOLI,raw Ranch Dressing Orange Pears Milk Chocolate Milk Ham & Cheese Sandwich Turkey and Cheese Sandw sandwich condiments Chips	10 Cheeseburger on Bun Green Beans Carrot sticks Ranch Dressing Apple Peaches Milk Chocolate Milk Tuna Sandwich Turkey and Cheese Sandw sandwich condiments Chips	11 Hot Dog on a Bun Chili Beans Carrot sticks Grape Tomatoes Ranch Dressing Diced Apricots Orange Milk Chocolate Milk Ham & Cheese Sandwich sandwich condiments PBJ Sandwich Chips	12 Spaghetti Breadstick, Garlic Corn Dill Pickle Carrot sticks Ranch Dressing Mandarin Orange Cups Apple Milk Chocolate Milk Turkey and Cheese Sandw Ham & Cheese Sandwich sandwich condiments	13 Pepperoni Pizza Pepperoni&Sausage Pizza Cheese Pizza PBJ-Uncrustables Black Olives Carrot sticks Ranch Dressing Orange Mixed Fruit Milk Chocolate Milk Ranch Dressing Peanut Butter Cookie
16 Macaroni & Cheese w/Me Breadstick, Garlic Green Beans Celery Sticks Carrot sticks Ranch Dressing Apple Applesauce Cup Milk Chocolate Milk Turkey and Cheese Sandw Ham & Cheese Sandwich sandwich condiments	17 Chicken Stir Fry Roll Rice CARROTS Dill Pickle Carrot sticks Peaches Orange Milk Chocolate Milk Tuna Sandwich Turkey and Cheese Sandw sandwich condiments	18 Corn Dog BBQ Beans Carrot sticks Ranch Dressing Mandarin Orange Cups Apple Mustard Ketchup Milk Chocolate Milk Ham & Cheese Sandwich sandwich condiments PBJ Sandwich	19 Pulled Pork on a Bun French Fries Carrot sticks Ranch Dressing Orange Mixed Fruit Milk Chocolate Milk PICKLES,SWEET Ketchup Mayonnaise packet Mustard PBJ-Uncrustables	20 Pepperoni Pizza Sausage Pizza Cheese Pizza PBJ-Uncrustables Black Olives Romaine Salad Carrot sticks Pineapple Apple Milk Chocolate Milk Ranch Dressing Oatmeal Cookie
23 Tacos Cheese, shredded Shredded Lettuce Salsa Spanish Rice Refried Beans Black Olives Orange Applesauce Milk Chocolate Milk Turkey and Cheese Sandw Ham & Cheese Sandwich	24 Meat Loaf Brown Gravy Roll Mashed Potatoes Carrot sticks Apple Diced Apricots Milk Chocolate Milk Tuna Sandwich Turkey and Cheese Sandw sandwich condiments Chips	25 Grilled Chicken Wrap Dill Pickle Grape Tomatoes Carrot sticks Ranch Dressing Orange Diced Pears Milk Chocolate Milk PBJ Sandwich Turkey and Cheese Sandw sandwich condiments Chips	26 Ground Beef Stroganoff Pasta Breadstick, Garlic Broccoli Celery Sticks Carrot sticks Mandarin Orange Cups Apple Milk Chocolate Milk PBJ-Uncrustables Ham & Cheese Sandwich sandwich condiments	27 Pepperoni Pizza Cheese Pizza PBJ-Uncrustables Grape Tomatoes Carrot sticks Orange Mixed Fruit Milk Chocolate Milk Ranch Dressing Peanut Butter Cookie

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.