

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Assorted Pop Tart	Apple Frudel	Assorted Nutrigrain Bar
		Assorted Milk Assorted Fruit Assorted Juice	Assorted Milk Assorted Fruit Assorted Juice	Assorted Milk Assorted Fruit Assorted Juice
6	7	8	9	10
Assorted Cereal Bar	Assorted Muffins	Assorted Pop Tart	French Toast Bites	Assorted Nutrigrain Bar
Assorted Milk Assorted Fruit Assorted Juice				
13	14	15	16	17
Assorted Cereal Bar	Assorted Muffins	Assorted Pop Tart	Mini Blueberry Waffles	Assorted Nutrigrain Bar
Assorted Milk Assorted Fruit Assorted Juice				
20	21	22	23	24
Assorted Cereal Bar	Assorted Pop Tart	Assorted Cereal Bar	Assorted Pop Tart	No School
Assorted Milk Assorted Fruit Assorted Juice				
27	38	29	30	31
No School				
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Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Chicken Spaghetti Green Beans	Beef Spaghetti, Tater Tots	Cheese Pizza, Green Beans
		Assorted Fruit Assorted Veggies Assorted Milk	Assorted Fruit Assorted Veggies Assorted Milk	Assorted Fruit Assorted Veggies Assorted Milk
6	7	8	9	10
Hot Dog Fries	Beef Taco Black Beans	Pancake on a Stick Potato Wedges	Corn Dog Mac. & Cheese	Pepperoni Pizza, Green Beans
Assorted Fruit Assorted Veggies Assorted Milk				
13	14	15	16	17
Beef Fingers Fries	Chicken Nachos Refried Beans	Chicken Sandwich Tater Tots	Cheeseburger Seasoned Broccoli	Cheese Pizza Green Beans
Assorted Fruit Assorted Veggies Assorted Milk				
20	21	22	23	24
Corn Dog Tater Tots	Chicken Sandwich Fries	Hot Dog Fries	Pepperoni Pizza Wedges	No School
Assorted Fruit Assorted Veggies Assorted Milk				
27	38	29	30	31
No School				

chartwells::



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Assorted Pop Tart or Assorted Nutrigrain Bar	Apple Frudel or Assorted Cereal Bar	Assorted Nutrigrain Bar or Assorted Cereal Bar
		Assorted Milk Assorted Fruit Assorted Jui	Assorted Milk Assorted Fruit Assorted Jui	Assorted Milk Assorted Fruit Assorted Juice
6	7	8	9	10
Assorted Cereal Bar or Assorted Pop Tart	Assorted Muffins or Assorted Cereal Bar	Assorted Pop Tart or Assorted Nutrigrain Bar	French Toast Bites or Assorted Cereal Bar	Assorted Nutrigrain Bar or Assorted Cereal Bar
Assorted Milk Assorted Fruit Assorted Juice				
13	14	15	16	17
Assorted Cereal Bar or Assorted Pop Tart	Assorted Muffins or Assorted Cereal Bar	Assorted Pop Tart or Assorted Nutrigrain Bar	Mini Blueberry Waffles or Assorted Cereal Bar	Assorted Nutrigrain Bar or Assorted Pop Tart
Assorted Milk Assorted Fruit Assorted Juice				
20	21	22	24	25
Assorted Cereal Bar	Assorted Pop Tart	Assorted Cereal Bar	Assorted Pop Tart	No School
Assorted Milk Assorted Fruit Assorted Juice				
27	28	29	30	31
No School				



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Chicken Spaghetti, Egg & Cheese Sandwich, or Ham Garden Salad	Beef Spaghetti, Mini Corn Dog, or Ham & Cheese Wrap	Cheese Pizza, Pepperoni Pizza, or Ham Flatbread
		Assorted Fruit, Veggies, and Milk	Assorted Fruit, Veggies, and Milk	Assorted Fruit, Veggies, and Milk
6	7	8	9	10
Hot Dog, Toasted Ham & Cheese Sandwich, or Ham Garden Salad	Beef Taco, Chicken Fa- jita Taco, or Ham & Cheese Flat- bread	Pancake on a Stick, Crispito, or Ham Garden Salad	Scrambled Egg w/ Sliced Ham & Waffle , Corn Dog, or Ham & Cheese Wrap	Pepperoni Pizza, Cheese Pizza, or Ham Garden Salad
Assorted Fruit, Veggies, and Milk	Assorted Fruit, Veggies, and Milk	Assorted Fruit, Veggies, and Milk	Assorted Fruit, Veggies, and Milk	Assorted Fruit, Veggies, and Milk
13	14	15	16	17
Grilled Cheese & Vege- table Soup , Beef Fin- gers, or Ham Garden Salad	Chicken Nachos, Cheese Quesadilla, or Ham & Cheese Flat- bread	Breakfast Taco, Chicken Sandwich, or Ham Garden Salad	Cheeseburger, Buffalo Chicken Dip, Or Ham & Cheese Wrap	Cheese Pizza, Pepperoni Pizza, or Ham Garden Salad
Assorted Fruit, Veggies, and Milk	Assorted Fruit, Veggies, and Milk	Assorted Fruit, Veggies, and Milk	Assorted Fruit, Veggies, and Milk	Assorted Fruit, Veggies, and Milk
20	21	22	23	24
Corn Dog Or Ham & Cheese Flatbread	Chicken Sandwich Or Ham & Cheese Flat- bread	Hot Dog Or Ham & Cheese Flatbread	Pepperoni Pizza Or Ham & Cheese Wrap	No School
Assorted Fruit, Veggies, and Milk	Assorted Fruit, Veggies, and Milk	Assorted Fruit, Veggies, and Milk	Assorted Fruit, Veggies, and Milk	
27	28	29	30	31
No School	No School	No School	No School	No School

chartwells:



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Sausage Breakfast Pizza	Gravy & Biscuit	Apple Frudel
		Assorted Pop Tart, Cereal Bars, Nutrigrain Bars, Cereal, Milk, Fruit, and Juice	Assorted Pop Tart, Cereal Bars, Nutrigrain Bars, Cereal, Milk, Fruit, and Juice	Assorted Pop Tart, Cereal Bars, Nutrigrain Bars, Cereal, Milk, Fruit, and Juice
6	7	8	9	10
Strawberry Bagel	French Toast Bites	Sausage & Pancakes	Mini Blueberry Waffle	Pancake Bites
Assorted Pop Tart, Cereal Bars, Nutrigrain Bars, Cereal, Milk, Fruit, and Juice	Assorted Pop Tart, Cereal Bars, Nutrigrain Bars, Cereal, Milk, Fruit, and Juice	Assorted Pop Tart, Cereal Bars, Nutrigrain Bars, Cereal, Milk, Fruit, and Juice	Assorted Pop Tart, Cereal Bars, Nutrigrain Bars, Cereal, Milk, Fruit, and Juice	Assorted Pop Tart, Cereal Bars, Nutrigrain Bars, Cereal, Milk, Fruit, and Juice
13	14	15	16	17
Waffles	Biscuit & Gravy	Chocolate Crescent	Sausage & Cheese Biscuit	Berry French Toast
Assorted Pop Tart, Cereal Bars, Nutrigrain Bars, Cereal, Milk, Fruit, and Juice	Assorted Pop Tart, Cereal Bars, Nutrigrain Bars, Cereal, Milk, Fruit, and Juice	Assorted Pop Tart, Cereal Bars, Nutrigrain Bars, Cereal, Milk, Fruit, and Juice	Assorted Pop Tart, Cereal Bars, Nutrigrain Bars, Cereal, Milk, Fruit, and Juice	Assorted Pop Tart, Cereal Bars, Nutrigrain Bars, Cereal, Milk, Fruit, and Juice
20	21	22	23	24
Assorted Muffins	French Toast Sticks	Mini Blueberry Waffle	Assorted Muffins	No School
Assorted Pop Tart, Cereal Bars, Nutrigrain Bars, Cereal, Milk, Fruit, and Juice	Assorted Pop Tart, Cereal Bars, Nutrigrain Bars, Cereal, Milk, Fruit, and Juice	Assorted Pop Tart, Cereal Bars, Nutrigrain Bars, Cereal, Milk, Fruit,	Assorted Pop Tart, Cereal Bars, Nutrigrain Bars, Cereal, Milk, Fruit, and Juice	
27	28	29	30	31
No School				



Monday	Tuesday	Wednesday	Thursday	Friday
		1	4	5
		Shepherd's Pie, Pizza, Burger, Chicken, Nacho, or Wraps w/ chips	Chicken Dorito Casserole, Pizza, Burg- er, Chicken, Nacho, or Wraps w/ chips	Potato w/ Ham Casse- role, Pizza, Burger, Chicken, Nacho, or Wraps w/ chips
		Assorted Fruit, Veggies, and Milk	Assorted Fruit, Veggies, and Milk	Assorted Fruit, Veggies, and Milk
6	7	8	9	10
Beef Rotini, Pizza, Burg- er, Chicken, Nacho, or Wraps w/ chips	Pizza Bake, Pizza, Burg- er, Chicken, Nacho, or Wraps w/ chips	Salisbury Steak, Pizza, Burger, Chicken, Nacho, or Wraps w/ chips	Roasted Chicken, Pizza, Burger, Chicken, Nacho, or Wraps w/ chips	Crispito, Pizza, Burger, Chicken, Nacho, or Wraps w/ chips
Assorted Fruit, Veggies, and Milk	Assorted Fruit, Veggies, and Milk	Assorted Fruit, Veggies, and Milk	Assorted Fruit, Veggies, and Milk	Assorted Fruit, Veggies, and Milk
13	14	15	16	17
Beef Fingers, Pizza, Burger, Chicken, Nacho, or Wraps w/ chips	BBQ Chicken, Pizza, Burger, Chicken, Nacho, or Wraps w/ chips	Buffalo Chicken Dip, Pizza, Burger, Chicken, Nacho, or Wraps w/ chips	Meatball Sub., Pizza, Burger, Chicken, Nacho, or Wraps w/ chips	Beef Rib Sandwich, Piz- za, Burger, Chicken, Nacho, or Wraps w/ chips
Assorted Fruit, Veggies, and Milk	Assorted Fruit, Veggies, and Milk	Assorted Fruit, Veggies, and Milk	Assorted Fruit, Veggies, and Milk	Assorted Fruit, Veggies, and Milk
20	21	22	23	24
Mac & Cheese w/ Ham, Burger, or Wraps w/ chips	Beef Fingers, Chicken Sandwich, or Wraps w/ chips	Corn Dog, Burger, or Wraps w/ chips	Hot Dog, Chicken Sandwich, or Wraps w/ chips	No School
Assorted Fruit, Veggies, and Milk	Assorted Fruit, Veggies, and Milk	Assorted Fruit, Veggies, and Milk	Assorted Fruit, Veggies, and Milk	
27	28	29	30	31
No School	No School	No School	No School	No School

