

Wilcox County Public School System

Lunch Menu

MAY-JUNE 2022

ALL SCHOOL SITES

The Wilcox County Child Nutrition Program is committed to taking advantage of the opportunity during a child's developmental years to promote and influence healthy food choices through school meals. If you have any questions concerning any aspect of the Child Nutrition Program, please contact the lunchroom manager at your school or contact the Child Nutrition Director at 334-682-4716, Extension 6632 or send an email to dwashington@wilcox.k12.al.us.



05/02/2022

SALISBURY STEAK W/GRAVY
CHICKEN TENDERS
MASHED POTATOES
W/BROWN GRAVY
MIXED VEGETABLES (F)
BUTTERED CARROTS
ROLL
COOKIES, ASSORTED
DAILY SALAD BAR
ASSORTED FRESH FRUIT
MILK, FLAVORED, FAT-FREE
MILK, WHITE, LOW-FAT
KETCHUP, SINGLE SERVE (2 PACKETS)
HONEY MUSTARD DRESSING
SWEET & SOUR SAUCE

Or Manager's Choice

05/03/2022

Cheesy Sloppy Joe Sliders
Crispy Chicken Club Sandwich
Spicy Chicken Sandwich
LETTUCE LEAF
TOMATO, SLICED FRESH
ONIONS, RAW, SLICED
PICKLES, SLICED DILLS
JALAPENO PEPPERS, SLICED
BROCCOLI & CHEESE (9-12)
BAKED BEANS
CRINKLE CUT FRIES
DAILY SALAD BAR
WG CHIPS, ASSORTED
ASSORTED FRESH FRUIT
MILK, FLAVORED, FAT-FREE
MILK, WHITE, LOW-FAT
KETCHUP, SINGLE SERVE (2 PACKETS)
MAYONNAISE, REDUCED FAT
MUSTARD, SINGLE SERVE

Or Manager's Choice

05/04/2022

TACO SALAD
GRILLED CHICKEN FAJITA MEAT
Queso Dip
CHIPS, TORTILLA, WG (2 OZ)
TORTILLA WRAP
TACO SHELL
LETTUCE & TOMATO
JALAPENO PEPPERS, SLICED
REFRIED BEANS: canned
CORN, WHOLE KERNEL
GLAZED FRESH CARROTS
DAILY SALAD BAR
WG CHIPS, ASSORTED
ASSORTED FRESH FRUIT
MILK, FLAVORED, FAT-FREE
MILK, WHITE, LOW-FAT
SOUR CREAM, FF INDIVIDUAL
SALSA, CHUNK STYLE, CANNED
TACO SAUCE, INDIVIDUAL

Or Manager's Choice

05/05/2022

PORK ROAST, Sliced
COUNTRY FRIED STEAK (BEEF)
RICE
GRAVY, CHICKEN
BLACK-EYED PEAS (9-12)
CANDIED YAMS (9-12)
CORNBREAD (9-12)
ASSORTED FRESH FRUIT
MILK, FLAVORED, FAT-FREE
MILK, WHITE, LOW-FAT
HOT SAUCE, PACKET
KETCHUP, SINGLE SERVE (2 PACKETS)
HONEY MUSTARD DRESSING
SWEET & SOUR SAUCE

Or Manager's Choice

05/06/2022

MEATBALL SUB
CHICKEN FAJITA SUB
CHEDDAR & MOZZARELLA BLEND
CHEESE, SWISS, SLICED
LETTUCE LEAF
ONIONS, RAW, SLICED
TOMATO, SLICED FRESH
PICKLES, SLICED DILLS
CRINKLE CUT FRIES
GLAZED FRESH CARROTS
DAILY SALAD BAR
ASSORTED FRESH FRUIT
MILK, FLAVORED, FAT-FREE
MILK, WHITE, LOW-FAT
MAYONNAISE, REGULAR, SINGLE
MUSTARD, SINGLE SERVE
KETCHUP, SINGLE SERVE (2 PACKETS)

Or Manager's Choice

05/09/2022

BACON CHEESEBURGER
Crispy Chicken Club Sandwich
LETTUCE LEAF
ONIONS, RAW, SLICED
TOMATO, SLICED FRESH
PICKLES, SLICED DILLS
DAILY SALAD BAR
CRINKLE CUT FRIES
BAKED BEANS
GLAZED FRESH CARROTS
ASSORTED FRESH FRUIT
MILK, FLAVORED, FAT-FREE
MILK, WHITE, LOW-FAT
KETCHUP, SINGLE SERVE (2 PACKETS)
MAYONNAISE, REDUCED FAT
MUSTARD, SINGLE SERVE

Or Manager's Choice

05/10/2022

CHICKEN PARMESAN
ROTINI PASTA IN MEAT SAUCE
SPAGHETTI & MEATBALLS (HS)
CORN, WHOLE KERNEL
MIXED VEGETABLES (F)
DAILY SALAD BAR
ROLL
ASSORTED FRESH FRUIT
MILK, FLAVORED, FAT-FREE
MILK, WHITE, LOW-FAT
PARMESAN CHEESE, GRATED

Or Manager's Choice

05/11/2022

ROTEL DIP (C)
BUFFALO CHICKEN DIP
TORTILLA CHIPS, WG
CELERY & CARROT STICKS
CORN, WHOLE KERNEL
MIXED VEGETABLES (F)
JALAPENO PEPPERS, SLICED
DAILY SALAD BAR
ASSORTED FRESH FRUIT
MILK, FLAVORED, FAT-FREE
MILK, WHITE, LOW-FAT
WG CHIPS, ASSORTED

Or Manager's Choice

05/12/2022

TURKEY ROAST, Sliced
BAKED CHICKEN (2 OZ)
RICE
ITALIAN GREEN BEANS
GLAZED SWEET POTATOES
ROLL
DAILY SALAD BAR
ASSORTED FRESH FRUIT
MILK, FLAVORED, FAT-FREE
MILK, WHITE, LOW-FAT
HOT SAUCE, PACKET

Or Manager's Choice

05/13/2022

HOT WINGS
CRINKLE CUT FRIES
CELERY & CARROT STICKS
DAILY SALAD BAR
ROLL
ASSORTED FRESH FRUIT
MILK, FLAVORED, FAT-FREE
MILK, WHITE, LOW-FAT
WG CHIPS, ASSORTED

Or Manager's Choice

05/16/2022

COUNTRY FRIED STEAK (BEEF)
CHICKEN TENDERS
W/BROWN GRAVY
MASHED POTATOES
ITALIAN GREEN BEANS
CALIFORNIA VEGETABLES
ROLL
DAILY SALAD BAR
ASSORTED FRESH FRUIT
MILK, FLAVORED, FAT-FREE
MILK, WHITE, LOW-FAT
KETCHUP, SINGLE SERVE (2 PACKETS)
HONEY MUSTARD DRESSING
SWEET & SOUR SAUCE

Or Manager's Choice

05/17/2022

TACO SALAD
GRILLED CHICKEN FAJITA MEAT
CHEESE SAUCE, NACHO FLAVOR
Queso Dip
CHIPS, TORTILLA, WG (2 OZ)
TORTILLA WRAP
TACO SHELL
LETTUCE & TOMATO
JALAPENO PEPPERS, SLICED
REFRIED BEANS: canned
CORN, WHOLE KERNEL
GLAZED FRESH CARROTS
DAILY SALAD BAR
WG CHIPS, ASSORTED
ASSORTED FRESH FRUIT
MILK, FLAVORED, FAT-FREE
MILK, WHITE, LOW-FAT
SOUR CREAM, FF INDIVIDUAL
SALSA, CHUNK STYLE, CANNED
TACO SAUCE, INDIVIDUAL

Or Manager's Choice

05/18/2022

HOT DOG
MINI CORN DOGS
CRINKLE CUT FRIES
BAKED BEANS
SAUERKRAUT:canned
CHILI, FOR HOT DOG
WINACHO CHEESE SAUCE
CHEDDAR & MOZZARELLA BLEND
PICKLE RELISH
JALAPENO PEPPERS, SLICED
ONION, DICED FRESH
PICKLES, DILL SPEAR
DAILY SALAD BAR
ASSORTED FRESH FRUIT
MILK, FLAVORED, FAT-FREE
MILK, WHITE, LOW-FAT
KETCHUP, SINGLE SERVE (2 PACKETS)
MAYONNAISE, REGULAR, SINGLE
MUSTARD, SINGLE SERVE

Or Manager's Choice

05/19/2022

BARBECUE CHICKEN
BBQ PORK ON BUN
MACARONI AND CHEESE, WG (9-12)
BAKED BEANS
GLAZED CARROTS
COLESLAW
POTATO SALAD
ROLL
DAILY SALAD BAR
ASSORTED FRESH FRUIT
MILK, WHITE, LOW-FAT
MILK, FLAVORED, FAT-FREE
BBQ SAUCE, PC

Or Manager's Choice

05/20/2022

CREAMY ALFREDO
ROTINI PASTA IN MEAT SAUCE
GRILLED CHICKEN FAJITA MEAT
ITALIAN MEATBALLS
CORN, WHOLE KERNEL
MIXED VEGETABLES (F)
DAILY SALAD BAR
ROLL
ASSORTED FRESH FRUIT
MILK, FLAVORED, FAT-FREE
MILK, WHITE, LOW-FAT
PARMESAN CHEESE, GRATED

Or Manager's Choice

05/23/2022

POLISH SAUSAGE
MINI CORN DOGS
ONIONS & BELL PEPPERS, SAUTEED
CRINKLE CUT FRIES
BAKED BEANS
ASSORTED FRESH FRUIT
MILK, FLAVORED, FAT-FREE
MILK, WHITE, LOW-FAT
KETCHUP, SINGLE SERVE (2 PACKETS)
MUSTARD, SINGLE SERVE
MAYONNAISE, REDUCED FAT

Or Manager's Choice

05/24/2022

BAKED POTATO
CHILI CON CARNE
PULLED PORK, NATURALLY SMOKED
CHICKEN FAJITAS
CHICKEN TENDERS
CHEDDAR & MOZZARELLA BLEND
Queso Dip
JALAPENO PEPPERS, SLICED
BROCCOLI & CHEESE (9-12)
GLAZED CARROTS
WG CHIPS, ASSORTED
CRACKERS, SALAD STYLE
DAILY SALAD BAR
ASSORTED FRESH FRUIT
MILK, FLAVORED, FAT-FREE
MILK, WHITE, LOW-FAT
SOUR CREAM, FF INDIVIDUAL
WHIPPED BUTTER SPREAD
BACON BITS
BBQ SAUCE, PC

Or Manager's Choice

05/25/2022

BUFFALO CHICKEN PIZZA
PEPPERONI & SAUSAGE PIZZA
ITALIAN DUNKERS
Pizza Crunchers
CORN ON THE COB
BROCCOLI & CHEESE (9-12)
WG CHIPS, ASSORTED
DAILY SALAD BAR
ASSORTED FRESH FRUIT
MILK, FLAVORED, FAT-FREE
MILK, WHITE, LOW-FAT
MARINARA SAUCE

Or Manager's Choice

05/26/2022

PORK CHOP, BAKED
CHICKEN NUGGETS (5)
RICE
GRAVY, CHICKEN
BLACK-EYED PEAS (9-12)
CANDIED YAMS (9-12)
CORNBREAD (9-12)
ASSORTED FRESH FRUIT
MILK, FLAVORED, FAT-FREE
MILK, WHITE, LOW-FAT
HOT SAUCE, PACKET
KETCHUP, SINGLE SERVE (2 PACKETS)
HONEY MUSTARD DRESSING
SWEET & SOUR SAUCE

Or Manager's Choice

05/27/2022

PHILLY STEAK AND CHEESE
TURKEY, HAM & SWISS SUB SANDWICH (9-12)
LETTUCE LEAF
TOMATO, SLICED FRESH
ONIONS, RAW, SLICED
PICKLES, SLICED DILLS
CRINKLE CUT FRIES
FRESH BAKED COOKIE
FRESH BAKED COOKIE
ASSORTED FRESH FRUIT
MILK, FLAVORED, FAT-FREE
MILK, WHITE, LOW-FAT
KETCHUP, SINGLE SERVE (2 PACKETS)
MAYONNAISE, REDUCED FAT
MUSTARD, SINGLE SERVE

Or Manager's Choice

05/30/2022

MEMORIAL DAY

Or Manager's Choice

05/31/2022

CHEESY LASAGNA ROLLS W/ BEEF
PEPPERONI & SAUSAGE PIZZA
CORN, WHOLE KERNEL
BROCCOLI & CHEESE (9-12)
ROLL
DAILY SALAD BAR
ASSORTED FRESH FRUIT
MILK, FLAVORED, FAT-FREE
MILK, WHITE, LOW-FAT
PARMESAN CHEESE, GRATED

Or Manager's Choice

06/01/2022

HOT DOG
MINI CORN DOGS
CRINKLE CUT FRIES
BAKED BEANS
SAUERKRAUT:canned
CHILI, FOR HOT DOG
WINACHO CHEESE SAUCE
CHEDDAR & MOZZARELLA BLEND
PICKLE RELISH
JALAPENO PEPPERS, SLICED
ONION, DICED FRESH
PICKLES, DILL SPEAR
DAILY SALAD BAR
ASSORTED FRESH FRUIT
MILK, FLAVORED, FAT-FREE
MILK, WHITE, LOW-FAT
KETCHUP, SINGLE SERVE (2 PACKETS)
MAYONNAISE, REGULAR, SINGLE
MUSTARD, SINGLE SERVE

Or Manager's Choice

06/02/2022

BARBECUE CHICKEN
BBQ PORK ON BUN
MACARONI AND CHEESE, WG (9-12)
BAKED BEANS
GLAZED CARROTS
COLESLAW
POTATO SALAD
ROLL
DAILY SALAD BAR
ASSORTED FRESH FRUIT
MILK, WHITE, LOW-FAT
MILK, FLAVORED, FAT-FREE
BBQ SAUCE, PC

Or Manager's Choice

06/03/2022

HOT WINGS
CRINKLE CUT FRIES
CELERY & CARROT STICKS
DAILY SALAD BAR
ROLL
ASSORTED FRESH FRUIT
MILK, FLAVORED, FAT-FREE
MILK, WHITE, LOW-FAT
WG CHIPS, ASSORTED

Or Manager's Choice

06/06/2022

POLISH SAUSAGE
MINI CORN DOGS
ONIONS & BELL PEPPERS, SAUTEED
CRINKLE CUT FRIES
BAKED BEANS
ASSORTED FRESH FRUIT
DAILY SALAD BAR
MILK, FLAVORED, FAT-FREE
MILK, WHITE, LOW-FAT
KETCHUP, SINGLE SERVE (2 PACKETS)
MUSTARD, SINGLE SERVE
MAYONNAISE, REDUCED FAT

Or Manager's Choice

06/07/2022

CHEESE GRITS
SCRAMBLED EGGS
SAUSAGE LINKS
BACON, SLICED
ROASTED POTATOES, DICED
ONIONS & BELL PEPPERS, SAUTEED
BISCUITS: SOUTHERN SYLE
CHEESE TOAST
ASSORTED GRAIN OPTIONS
DAILY SALAD BAR
ASSORTED FRESH FRUIT
MILK, FLAVORED, FAT-FREE
MILK, WHITE, LOW-FAT
KETCHUP, SINGLE SERVE (2 PACKETS)
JELLY, ASSORTED

Or Manager's Choice

06/08/2022

PROFESSIONAL DEVELOPMENT DAY

Or Manager's Choice

06/09/2022

BAKED CHICKEN
HAM, GLAZED
MACARONI AND CHEESE, WG (9-12)
COLLARD GREENS
CALIFORNIA VEGETABLES
DAILY SALAD BAR
CORNBREAD (9-12)
ASSORTED FRESH FRUIT
MILK, WHITE, LOW-FAT
MILK, FLAVORED, FAT-FREE
HOT SAUCE, PACKET

Or Manager's Choice

06/10/2022

Summer Break

Or Manager's Choice