

## Rapides Parish School Board

Menus are subject to change without notice due to challenges in delivery or availability.

Monday 03/06/23	Tuesday 03/07/23	Wednesday 03/08/23	Thursday 03/09/23	Friday 03/10/23
<b>Breakfast</b>				
Sausage Biscuit Juice Milk	Blueberry Muffin/Cereal Fruit Milk	Jump Start Juice Milk	Waffle/Sausage/Syrup Fruit Milk	Cereal/Toast/Jelly Juice Milk
<b>Lunch</b>				
BBQ Pork on Bun French Fries/Catsup Seasoned Green Beans Pineapple Tidbits Milk	Chicken & Sausage Gumbo Fluffy White Rice Candied Yams Cornbread OR Crackers Fruit Cup Milk	Corn Dog Potato Rounds/Catsup Combo Veg Salad/Dressing Mandarin Oranges Milk	Chicken Spaghetti Steamed Broccoli Garlic Bread Fruit Cocktail Milk	Nachos with Cheese Sauce Cup with option of Ground Beef Ranch Style Beans Diced Tomatoes Shredded Lettuce Sliced Peaches Milk

**Non-discrimination Statement:** This explains what to do if you believe you have been treated unfairly. "In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (VOICE). Individuals who are hearing impaired or have speech disabilities

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Monday 03/13/23	Tuesday 03/14/23	Wednesday 03/15/23	Thursday 03/16/23	Friday 03/17/23
<b>Breakfast</b>				
Cinnamon Toast Wedge/Cereal Juice Milk	Chicken Biscuit Fruit Milk	Jump Start Juice Milk	Scrambled Eggs/Toast/Jelly Fruit Milk	Cinnabun/Cereal Juice Milk
<b>Lunch</b>				
Hamburger French Fries/Catsup Baked Beans Stacked Salad Banana Milk	Chicken & Sausage Jambalaya Steamed Broccoli Cornbread Fresh Cantaloupe Cup Milk	Stuffed Crust Pizza Buttered Corn Italian Salad/Dressing Pear Halves Milk	Chicken Patty on Bun Potato Rounds/Catsup Seasoned Green Beans Fruit Cocktail Milk	Vegetable Soup Tuna Salad Sandwich Lettuce & Tomato Salad/Dressing Fresh Sliced Apples Milk

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Monday 03/20/23	Tuesday 03/21/23	Wednesday 03/22/23	Thursday 03/23/23	Friday 03/24/23
<b>Breakfast</b>				
Ham & Cheese Croissant/Cereal Juice Milk	Banana Muffin/Cereal Fruit Milk	Jump Start Juice Milk	Powdered Donuts/Cereal Fruit Milk	French Toast Sticks/Syrup Juice Milk
<b>Lunch</b>				
Spaghetti and Meat Sauce Buttered Green Peas Green Salad/Dressing Garlic Bread Sliced Peaches Milk	Turkey & 2 Cheese Sandwich Doritos Baby Carrots/Ranch Dressing Mandarin Oranges Milk	Breaded Chicken Strips Cheese Potatoes Steamed Broccoli Buttered Roll Fresh Pineapple Cup Milk	Soft Tacos Spanish Rice Shredded Lettuce Diced Tomatoes Shredded Cheese Chilled Grapes Milk	Codfish on Bun Macaroni & Cheese Seasoned Green Beans Fresh Sliced Apples Milk

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Monday 03/27/23	Tuesday 03/28/23	Wednesday 03/29/23	Thursday 03/30/23	Friday 03/31/23
<b>Breakfast</b>				
Breakfast Stick Juice Milk	Pancakes/Sausage/Syrup Fruit Milk	Jump Start Juice Milk	Breakfast Pizza Fruit Milk	Cinnabun/Cereal Juice Milk
<b>Lunch</b>				
Sloppy Joes on Bun Potato Rounds/Catsup Baked Beans Pear Halves Milk	Hot Dog on Bun Baked Chips Fresh Sliced Cucumbers/Ranch Dressing Sliced Peaches Milk	<b>EASTER</b>	Hamburger French Fries/Catsup Stacked Salad Banana Milk	Cheese Pizza Buttered Corn Italian Salad/Dressing Orange Wedges Milk

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Monday 04/03/23	Tuesday 04/04/23	Wednesday 04/05/23	Thursday 04/06/23	Friday 04/07/23
Breakfast				
<b>EASTER BREAK!</b>	<b>EASTER BREAK!</b>	<b>EASTER BREAK!</b>	<b>EASTER BREAK!</b>	<b>EASTER BREAK!</b>
Lunch				
<b>EASTER BREAK!</b>	<b>EASTER BREAK!</b>	<b>EASTER BREAK!</b>	<b>EASTER BREAK!</b>	<b>EASTER BREAK!</b>

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Monday 04/10/23	Tuesday 04/11/23	Wednesday 04/12/23	Thursday 04/13/23	Friday 04/14/23
<b>Breakfast</b>				
Sausage Biscuit Juice Milk	Blueberry Muffin/Cereal Fruit Milk	Jump Start Juice Milk	Waffles/Sausage/Syrup Fruit Milk	Cereal/Toast/Jelly Juice Milk
<b>Lunch</b>				
Salisbury Steak & Gravy Fluffy White Rice Seasoned Green Beans Buttered Roll Sliced Peaches Milk	Corn Dog Sweet Potato Fries/Catsup Baked Beans Fruit Cocktail Milk	Red Beans & Sausage Fluffy White Rice Seasoned Turnip Greens Cornbread Pineapple Tidbits Milk	Chicken Patty on Bun French Fries/Catsup Combination Vegetable Salad/Dressing Fruit Cup Milk	Stuffed Crust Pizza Buttered Corn Italian Salad/Dressing Fresh Grape Cups Milk

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